

ENCOUNTER AND DIALOGUE WITH OUR CREATIVE SELF

On the search path, throughout our lives, we are experiencing continuous transformations.

Meaningful transitional steps for our existence requiring presence, consciousness, strength.

This workshop, the first in Italy conducted by Jaak Hillen, is a precious opportunity to practice together how art can become a powerful and magical way to awaken the artist who is in us, our creative self.

We will start by observing our present situation, flowing into the process, working with the desire and resistances. We will meet our self, the old meets the new, and an open space will arise to design new ways for the future.

Some of the **questions** that will accompany us in this experience:

"What's creative in my situation?"

"Which blocks and what are the attractions?"

"What are the latent possibilities for my future?"

This workshop is dedicated to:

All those people who are in a transition process and want to face it creatively!

You do not have to be an expert artist to attend this training!

Number of participants:

from a minimum of 10 to a maximum of 16 people.

How we are going to work together. Working methods:

we will use art techniques such as painting, drawing, molding. Different materials will be used;

We will do exercises for the observation and the independence of judgment;

We will have moments for discussion and daily review, working on substantive topics concerning creativity and the artistic process.

Where: in **Bologna** (Italy), at the Studio Generativa, which is in the heart of the city. Address: 11, Via Alessandrini

When: October 2017, Friday 6th and Saturday 7th, from 9 am to 7 pm with a lunch break. **Sunday 8th** from 9am to 1pm. The timetable could undergo some changes depending on the rhythm of the activities.

Workshop cost:

€ 160,00 for those ones enrolling by September 8th

€ 180.00 for those who book by September 23

€ 10.00 for the membership fee to our association that includes insurance coverage.

How to subscribe:

We kindly ask you to communicate your interest in participating by sending an email to the Association's address: comunicazione@nalmitalia.it

Upon receipt of your mail, we will send the registration form that you can return to the same mail address, completed with your data.

On the form, you will be given the instructions to make payment by transfer for the membership fee of € 10,00 to our association and the pre-registration fee at the workshop of € 50,00.

You can ask for further information and details about the workshop at the following telephone number:

380 4502433

Where to stay in Bologna:

Those who come from outside and want to stay overnight in Bologna can contact the B & B IL TIRO, Via Santo Stefano, 172 - telephone number 335 666 3614. Gabriele and Alessandro can provide hospitality based on their availability or provide useful information to find good accommodation.

Alternatively, we suggest that you enter one of the several search engines available, such as Booking.com, type the workshop location (Bologna, Via Alessandrini, 11) and you will immediately have a rich offer of opportunities at your disposal.

The workshop is conducted by Jaak Hillen. He is a free artist (www.hillen.be) and lives in Lille, Belgium. Specialised in the creation process, he discovered during his career that the power of the process of creation can change our lives. His work on "change" is being carried out through workshops, courses and participating to several trainings in Europe. One of his initiatives is art4coaching

(<http://www.art4coaching.eu/english>).

In 2001 he took part in the three-month training course on "Adult Education", with Coenraad van Houten. Since 2002, he has been a New Adult Learning Movement (NALM) co-worker and trainer. In 2012 he founded KarmaArt.net, a network to develop karma work. (www.karmaart.net).

Jaak Hillen will conduct the workshop in English and be accompanied by a translator.